



May 2018



"This institution is an equal opportunity provider and employer."

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Milk 1% white & Fat Free flavored All of our bread/grain products are whole grain.	State law requires our students to choose 3 of the 4 choices for a full breakfast and 3 of the 5 for a full lunch.	Menu items subject to change. Cereal, milk, and juice offered daily for breakfast.	<ul style="list-style-type: none"> Daily Milk 1% white & Fat Free flavored All of our bread/grain products are whole grain. 	ALL STUDENTS MUST TAKE ½ cup OF FRUITS OR VEGETABLES EACH MEAL
VIEW YOUR CHILD'S ACCOUNT ON THE JCS WEBPAGE. GO TO PARENTS THEN FIND THE STUDENT MEAL ACCOUNTS LINK.	1 Taco Boats, lettuce, tomato, cheese, onions, black beans, olives, fruit <i>Waffles</i>	2 Hamburger/Cheeseburgers, lettuce, tomato, pickle, onion, hash brown, cole slaw, fruit <i>Breakfast on a Stick</i>	3 Top your own pasta-alfredo, cheese, spaghetti sauce, broccoli, fruit <i>Pancakes & Sausage</i>	4 Grilled Cheese, Tomato soup, carrot sticks, fruit <i>Pop tarts, Cereal/Oatmeal</i>
	7 Chicken Tenders, Sweet potato fries, cheese stick, mixed veggie, mixed veggie, fruit <i>French Toast</i>	8 Sloppy joe, WG Bun, French Fries, green beans, tossed salad, fruit <i>WG Muffins</i>	9 Turkey Bagel Melts, Carrots, baked beans, pasta salad, veggie, fruit <i>Cinnamon Rolls</i>	10 Pizza- Sausage or cheese, Caesar salad, fruit <i>Toasted Bagels</i>
14 Chicken/Fish Patty, Lettuce Tomato, pickle, veggie, fruit <i>Breakfast Pizza</i>	15 Sub Day- Turkey, Tuna, Lettuce, tomato, cheese, pickle, onion, mac salad, fruit <i>Apple/Cherry Frudel</i>	16 Nacho Grande, tomato, lettuce, cheese, refried beans, salsa, fruit <i>Breakfast Burritos</i>	17 Popcorn Chicken, mashed potatoes, cranberry sauce, gravy, corn, fruit <i>Breakfast on a Stick</i>	18 Hamburger/Cheeseburger, lettuce, tomato, pickle, baked potato chips, fruit <i>Pop tarts, Cereal/Oatmeal</i>
21 Chicken Nuggets, baked beans, cheese stick, veggie, fruit <i>Pancakes & Sausage</i>	22 Meatball parm, tator tots, tossed salad, veggie, fruit <i>Mini Cinnamon Rolls</i>	23 Hot sliced turkey, French fries, cranberry sauce, mixed veggie, fruit <i>French Toast</i>	24 Ham Bagel Melt, fresh veggies, pickle, fruit <i>WG Muffins</i>	25 Pizza- Ham, Pineapple, pepperoni, cheese, Caesar salad, fruit <i>Waffles</i>
28 NO SCHOOL	29 NO SCHOOL	30 Hot Dogs, cheese sauce, relish, onions, veggie, fruit <i>French Toast</i>	31 Spaghetti w/ meat sauce, tossed salad, broccoli, WG Roll, fruit <i>Egg Sausage & Cheese Sandwich</i>	