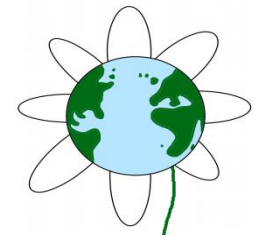


April 2019



"This institution is an equal opportunity provider and employer."

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Milk 1% white & Fat Free flavored All of our bread/grain products are whole grain.	State law requires our students to choose 3 of the 4 choices for a full breakfast and 3 of the 5 for a full lunch.	Cereal, milk, and juice offered daily for breakfast. Ham, Turkey, and PBJ Sandwiches offered daily.	Menu items subject to change	
VIEW YOUR CHILD'S ACCOUNT ON THE JCS WEBPAGE. GO TO PARENTS THEN FIND THE STUDENT MEAL ACCOUNTS LINK.				
1 Chicken nuggets, WG roll, sweet potato fries, green bean medley, cole slaw, fruit <i>French Toast</i>	2 Grilled cheese w/bacon, tomato soup, tossed salad, fruit <i>Breakfast Pizza</i>	3 Baked chicken, fries, carrots, cheese stick, fruit <i>Toasted Bagel</i>	4 Nacho Grande, lettuce, tomato, cheese, salsa, Spanish rice, refried beans, fruit <i>Bacon, Egg & Cheese Sandwich</i>	5 Pizza Roll & meatballs, broccoli, Caesar salad, fruit <i>Cereal, Oatmeal, Pop Tart</i>
8 Chicken tenders, rice pilaf, cranberry sauce, mixed veggie, fruit <i>Pancakes & Sausage</i>	9 Sandwich Day- Bologna, Turkey, Tuna, Lettuce, tomato, pickle, cheese, fresh veggie, fruit <i>Waffles</i>	10 Chicken Caesar Bacon Wrap, lettuce, tomato, cheese, celery sticks, fruit <i>Breakfast on a Stick</i>	11 Ham Bagel Melt, Baked beans, tossed salad, fruit <i>Muffins</i>	12 Pizza- Cheese or pepperoni, Caesar salad, fruit <i>French Toast</i>
15	16	SPRING BREAK		19
22 Hamburger/Cheeseburger, lettuce, tomato, pickle, onion, tator tots, fruit <i>French Toast</i>	23 Chicken Fajita Wrap or over rice, peppers, onions, lettuce, tomato, cheese, fruit <i>Cinni Mini</i>	24 Tacos, Hard shell, lettuce, tomato, cheese, olives, fruit <i>Cherry/Apple Frudels</i>	25 Sub Day- Chicken/Tuna salad or ham, lettuce, tomato, pickle, cheese, fruit <i>Breakfast on a Stick</i>	26 Pizza- Sausage or cheese, Caesar salad, fruit <i>Pancakes & Sausage</i>
29 Chicken Nuggets, baked beans, carrots, tossed salad, fruit <i>Waffles</i>	30 Hot Dog w/chili, cheese sauce, onions, French fries, relish, fruit <i>Toasted Bagels</i>			